

Clipstone COVID-19 Support Group



As Government restrictions are relaxed, help is still available

If you are self-isolating or shielding

For urgent help with local shopping, prescriptions or errands, ring one of **Clipstone's Volunteer Co-ordinators:**

Amanda Thompson: 07894 440202 Jayne Briggs: 07718 254828 Paul Peacock: 07956 370984 Jim Gibson: 07971 537218 Barbara Brownley: 07730 794936 Tara Kay: 07950 635612 Sheila Soar: 01623 658703/07951 855336

Our community volunteers are always here to help you stay safe.

Useful Numbers and Contacts:

Crown Medical Centre: 01623626132 Notts County Council Covid-19 / Social Services: 0300 500 8080 Newark and Sherwood Council Helpline: 01636 650000 Clipstone Parish Council: 01623 626857 Samaritans: 116 123 Domestic Violence Hotline: 0808 2000 247 Citizens Advice Ollerton: 03444111444 Childline: 0800 1111 Mind: 0300 123 3393 Age UK: 0800 169 6565

Stay safe to Stay Well

All Saints Church Emergency Food Parcels for Clipstone Residents

If your financial situation has changed and you have:

No food, no money, no help:

Call 07951 855336

Rumbles Saturday Food Parcels

If you are: A key worker struggling in these very hard times Furloughed

Contact Gina on **07854 266 749** to request a food parcel.

Parcels must be collected unless delivery is requested

Co-Op payment card for high-risk residents who are self-isolating

A Co-Op payment card can be ordered by phone. The card can be given to a volunteer and the customer can top it up by phone. A safe and cash free way to shop for others. To order your card Call **0800 029 4592**

Local businesses will deliver to customers who are self-isolating or at risk in Clipstone

Fruits of the Earth Veg Boxes 07500 804057

If you are lonely or need someone to talk to:

Call Rev. Ian Webb (All Saints Church) 01623 824491

(June 2020 update)